Barry was born in Rhodesia (Zimbabwe) in 1947 and went to Peterhouse school. Went to UK and secured an Hons Elect Eng degree from Salford, returning to Zimbabwe to work as an Engineer with the ESC doing town reticulations. Needing to expand skills, in 1974 went to the GSB at UCT and secured an MBA.

After 18 months working for the City of Salisbury in a team supporting the CEO, Barry joined Murray & Stewart in CT working to acquire new consumer businesses for M&S. Later moving to the section managing these acquired companies, the next step in 1979 was to move to Durban to take over a small food company as GM and stayed 20 years.

The company, Fine Foods (Pty) Ltd, was acquired through an MBO in 1989 and in 1995 was sold to an international company, Best Foods. The deal required targets over three years, which were exceeded, and Barry then stayed on with his partner to manage the merger of their old company with Robertsons Catering Div. By 2001 they were no longer contracted.

Subsequently, Barry became involved in investments for his own account and this led to becoming a syndicate member/co-director on 5 significant property developments in JHB. These included Broadacres Shopping Centre on Cedar Rd and others in Sandton. At the same time, various smaller property developments were undertaken in CT with Peter Bester as Chairman, of which Sayers Lane is currently to be developed. He is also involved in syndicates in the UK in commercial property.

In Durban, Barry acted as Chairman of the Home Owners Assoc of a new estate Le Domaine in Hillcrest for 5 years, and on moving to Franschek in 2009 became Chairman of the HOA at Domaine des Anges for 5 years. He is currently a Director/Trustee of the charity Hope Through Action which aims to improve lives of young people through sport and have facilities at Mbekweni, Paarl and in Groendal, Franschhoek with R75m invested since 2009. This work is a major focus at present.